RULES OF THE SKATING CHAMPIONSHIP AS PER CBSE GUIDELINES

1. The championship will be held according to the RSFI (9RR) rules & regulations.
2. From each school only one participant can participate in each event.
3. A skater can take part in maximum two events in her/his age group.
4. A skater can take part either in Quads or in In-line events.
5. From each Zone, in each event, separately in "Girls & Boys" in different age categories, the first & second position winners will qualify to participate in the Nationals.
6. The skater taking part in Quads should wear the skates that should not have heels attached to the shoe & should not be high ankle.
7. The skating costume should be skin tight.
8. Helmet is compulsory.
9. The wheels for speed skating is only to be used which are broader in size.
10. The decision of the technical committee/referee shall be final.
11. Any photograph/video clipping other than from official camera shall not be considered for any reference.
12. No protest will be entertained from parents.
13. Protest, if any, has to be submitted in writing by the team Coach/Manager with the Chief Referee, within 15 min of the announcement of result. The decision of the Jury of Appeal shall be final.

Events of Speed Skating (Quads) – Girls' & Boys'

	Under 08	Under 10	Under 12	Under 14	Under 16	Under 19
Rink Race I Time Trial	300 M Speed	300 M Speed	300 M Speed	300 M Speed	300 M Speed	300 M Speed
Rink Race 2	500 M Speed	500 M Speed	500 M Speed	500 M Speed	500 M Speed	500 M Speed
Rink Race 3	1000 M Speed	1000 M Speed	1000 M Speed	1000 M Speed	1000 M Speed	1000 M Speed

Events for In-Line Skating – Girls' & Boys'

	Under 08	Under 10	Under 12	Under 14	Under 16	Under 19
Rink Race 4 Time Trial	300 M Speed	300 M Speed	300 M Speed	300 M Speed	300 M Speed	300 M Speed
Rink Race 5	500 M Speed	500 M Speed	500 M Speed	500 M Speed	500 M Speed	500 M Speed
Rink Race 6	1000 M Speed	1000 M Speed	1000 M Speed	1000 M Speed	1000 M Speed	1000 M Speed