Pinnacle



"May the mentor, protector & remover of obstacles enlighten your lives."



" To teach is to touch a life for ever. "

CELEBRATIONS

Teacher's Day

At Edify School, Teacher's Day was celebrated with great enthusiasm. Students showcased their talents through cultural activities and entertaining teacher roleplays, captivating both children and teachers alike. The atmosphere was filled with joy and fun as the school management showered teachers with thoughtful gifts and organized exciting games. The faculty also joined in the festivities, embracing their inner student and relishing every moment of the celebration. It was a heart warming day of appreciation and camaraderie.































Ganesh Chaturthi

Ganesh Chaturthi, the joyous festival that celebrates the birth of Lord Ganesha, the remove of obstacles and the harbinger of wisdom, holds a special place in our hearts. At Edify School, we believe in fostering not only academic excellence but also a deep sense of cultural and spiritual values. It is with this spirit that we come together to celebrate Ganesh Chaturthi, a festival that transcends religious boundaries and unites us in devotion and reverence.

The primary and secondary students actively engaged in the celebrations. Our esteemed chairperson, Ms. Sulochana Madam, graced the occasion with her presence, elevating the event's significance. Students of all ages showcased their talents, offering heartfelt prayers and performing joyous dances to worship Lord Ganesha. The atmosphere was brimming with devotion and creativity, making this Ganesh Chaturthi celebration at Edify School truly memorable.

























ACHIEVEMENTS

"A dream becomes a goal when action is taken towards it's achievement " - Bo Bennet

P. Vishnu Vaksha of **Grade-IV Pioneers** displayed artistic talent by securing 3rd place in the Kids category of a poster painting contest held on July 23, 2023, during Space Week celebrations at Regional Science Centre, Tirupati. Her creative expression in capturing space-themed art showcased his unique abilities and earned him recognition in the competition.







On August 25th, 2023, at SIP Abacus-Tirupati, the Edifiers in the SIP Abacus & Brain Gym program achieved remarkable milestones.

M. Mohith from Grade-IV Stalwarts completed foundation levels 3 and 4, elevating his arithmetic skills significantly, making him five times more proficient. Additionally, B. Poorna Chandra Sai of Grade-IV Titans successfully accomplished foundation levels 1 and 2. Both students brought accolades to their school, showcasing their dedication and academic prowess.

In the Mastanaiah Chess World FIDE Rapid Rating Open Chess Tournament conducted by the Nellore Arya Vysya Bullion Merchant Association, on 8th & 9th July **Grade-IV** student **Aare Bhuvan Aron** demonstrated his chess prowess, scoring an impressive 2.5 points in 10 rounds. In recognition of his achievement, he was awarded a certificate and a medal.





Master Bharadwaja Thamogna of **Grade X** Achievers participated in the YUVIKA - Yuva Vlgyani Karyakram (Young Scientist Programme) organized by ISRO. Out of 2,24,000 participated, Edifier **Master Bharadwaja Thamogna** placed in top 350 students list based on the performance of Olympiads, Quizzes and other events, and he got the opportunity to witness Live programmee of Chandrayaan 3`S Rover experiment along with Dr M Shankaran, Director UR Rao satellite Center Bangalore.

Edify School students played a pivotal role in the grand inauguration of the Vandebharath Express from Vijayawada to Chennai. They embarked on a memorable journey from Bitragunta to Renigunta, sharing their enriching experiences during the event. Additionally, they showcased their talents in the Atma Nirbhar essay writing and painting competition. **M.Mahita Sree** of **grade-VIII Stalwarts**, clinched the first prize in the drawing category, while **Lakshmi Mokshitha Reddy** of **Grade-IX Innovators** triumphed in the essay writing competition, making the school proud.







GUEST LECTURES

Meet and Greet your role model - Dr. Himendra IPS

Mr. Himendra, an IPS officer, conducted an inspiring session for grade-10 students at Edify School. With a background in KV Tirupathi and MBBS from SVMC, he entered the IPS in 2012. He has served as ASP, SP, and even as the Commissioner of Police in Thrissur city, among other roles. Presently, he holds the position of SP in the Vigilance and Anti-Corruption Bureau, Central Range, Ernakulam, Kerala, earning the Badge of Honour in 2020 for his outstanding investigative skills. His motivational session ignited a passion in students, encouraging them to pursue careers dedicated to their country's progress. He also cautioned the students about the usage of mobiles and cyber crimes. He encouraged the girls to join IPS. He also asked the aspirants of Civil Services to start their preparation from Grade IX and it was very useful session also motivated many students especially the Civil Service aspirants.













How to improve Memory power - Mr. Raja Sekhar, Mighty Minds

The session by Mighty minds on the subconscious mind and how to improve memory power for Grade VI to X Session was very interactive. Mr. Rajasekar resource person from Mighty Minds explained about how to improve concentration power with many activities and the session was very useful for the Children. Various techniques to remember the content studied was explained by the Resource person.







CLUBS

Media Club - I Can't Keep Calm. I'm In Media Club

In the Media Club, students engaged in brochure-making, a print media initiative where they designed promotional brochures for various products. This exercise emphasized creative document creation and the compact nature of brochures. These informational tools are used to introduce companies, organizations, products, or services and highlight their benefits to potential customers or the public.

In a dynamic media club activity, students showcased their analytical skills by dissecting and promoting brochures they had crafted. One by one, they passionately pitched their products to peers, refining their presentation prowess. This engaging exercise empowered students to proficiently market their creations, harnessing the brochure's persuasive potential.













Literary Club - The Place to Be

The secondary literary club conducted a session on verb forms, enhancing students' vocabulary and communication skills. Meanwhile, primary literary club members engaged in a CUPS activity using A4 sheets, sketch pens, scissors and scale to improve punctuation (C-Capitals, U-Understanding, P-Punctuation, S-Spellings/Space). This activity helped students grasp CUPS concepts and understand the importance of cross-checking sentences for accuracy.

The Primary Literary Club students recently delved into the intriguing story of "Why Lord Ganesha is offered laddoo and modaks." Through captivating speeches, charts, and models, they shared their interpretations, unveiling the ancient tale behind these offerings. Meanwhile, the Secondary Literary Club students sharpened their skills through a challenging JAM (Just-A-Minute) activity, using PPT presentations. This exercise fostered essential abilities such as decision-making, time management, accuracy, and vocabulary enhancement, empowering them with valuable communication skills.

In the Literary Club, primary students wrote essays on "How You Celebrated Ganesh Chathurthi." Using A4 sheets and color pencils, they engaged in interactive sessions to enhance sentence formation and past tense usage, focusing on CUPS (Capitalization, Usage, Punctuation, and Spelling). This activity promoted language skills and storytelling abilities.

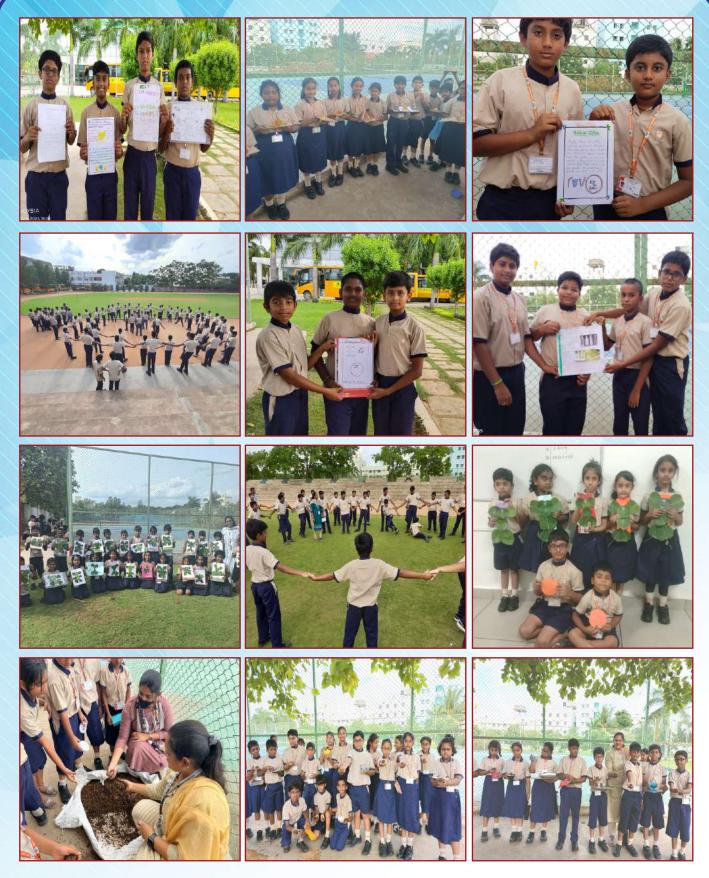


Eco Club - Together We Can make a difference

The Eco club, comprising primary students, recently organized a nature walk activity aimed at instilling an appreciation for the environment. This initiative encourages students to engage in various conservation efforts. Additionally, secondary club members introduced a novel idea for sustainable development, utilizing A4 sheets and color sketches. This green entrepreneurship approach fosters innovation, creativity, and risk-taking while prioritizing the preservation of natural resources. Students were motivated to generate fresh concepts and sustainable products, promoting a harmonious relationship between human activities and nature.

Primary Eco Club students recently engaged in a creative eco-friendly activity by crafting Ganesha idols using natural materials like peepal leaves, homemade dough, cardboard, and peppercorns. Their initiative aimed to safeguard the environment and human health by avoiding harmful chemical substances commonly used in idol making. Meanwhile, our Secondary Eco Club students undertook a campaign to raise awareness about protecting the ozone layer in celebration of World Ozone Day on September 16th. This day serves as a reminder of the perilous consequences of ozone depletion and underscores the critical role of the ozone layer in preserving our planet.

In an eco-club activity, primary students created seed bombs using fertile soil and fenugreek seeds. This hands-on approach not only engaged them but also empowered them to actively contribute to greening the environment and promoting biodiversity. It was a fun and educational experience that instilled a sense of responsibility towards nature.



Cuisine Club - Our Other Home

In the secondary cuisine club, students created delicious veg sandwiches with bread slices, cucumber, mayo, and tomato ketchup. Meanwhile, the primary cuisine club members crafted sweet corn chaat using sweetcorn, tomato, coriander, pepper, salt, and lemon juice. These activities aim to teach children the art of making both tasty and healthy dishes like chaat with sweet corn.

In a delightful culinary endeavor, the Primary Cuisine Club students enthusiastically crafted coconut laddoos using coconut powder, condensed milk, and a medley of dry fruits. Their tasty creations were intended as offerings to Lord Ganesha. Meanwhile, the Secondary Cuisine Club students embarked on an equally appetizing adventure by preparing bhelpuri, a savory snack made with puffed rice, onions, tomatoes, chat masala, salt, chopped coriander, peanuts, lemon, and sev. These culinary experiences allowed both groups to savor the joys of cooking while honing their culinary skills.

Primary students enthusiastically participated in a Cuisine Club activity where they learned to prepare Veg Burgers. Using burger buns, cheese, cucumber, tomato, and ketchup, they acquired essential culinary skills, promoting self-sufficiency in preparing snacks like burgers and sandwiches, empowering them with valuable life skills.



Creative Club – Care for your talent.

A creative club activity centered around making an eco-friendly Ganesha sculpture is a delightful fusion of art and sustainability. Children dive into this hands-on project by employing their imagination and resourcefulness. Using vegetable thumbprints, they craft the deity's form, infusing a unique, personal touch. They augment the masterpiece with pulses, pencil shavings, jute threads, sand, crepe papers, poster colors, and leaves, weaving an intricate tapestry of textures and colors.

In the process, children enhance their coordination and agility as they manipulate diverse craft materials. More importantly, this eco-conscious endeavor instills a profound awareness of environmental responsibility. By creating a Ganesha idol from organic and recyclable elements, young minds learn the value of preserving nature while celebrating tradition, fostering a brighter, greener future.

Our students in the Creative Club engaged in imaginative activities using A4 sheets and sketch pens. Through their artwork, they showcased technical prowess and craftsmanship, fostering creativity. This platform also encouraged the development of their creative writing skills, providing an outlet for self-expression and artistic growth.

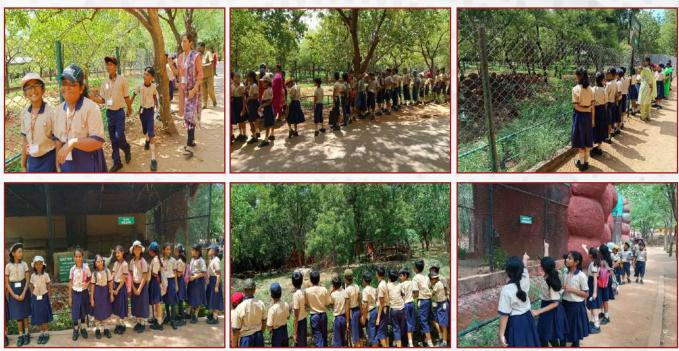


FIELD TRIPS

Field trips - "Where learning is an Adventure".

Field trip to S.V. ZOO Park

The Grade-IV students embarked on an exciting field trip to the S.V. Zoo as part of their IM syllabus. The zoo serves as an ideal learning environment, offering valuable insights into animal adaptations and habitats. This hands-on experience provides a unique opportunity for the students to expand their knowledge of the animal kingdom, making learning both engaging and memorable. Exploring diverse species in their natural settings enhances their understanding of the natural world.



Field trip to Chandragiri fort

The Grade-I students embarked on an educational adventure with a field trip to Chandragiri Fort, immersing themselves in their ongoing Inquiry Module focused on understanding the diverse types of The Royal Families. This captivating journey provided an ideal platform for hands-on learning. The children were enthralled as they explored the historical nuances of King Sri Krishna Devaraya and his family, gaining insights into their regal lifestyles. The trip was a resounding success, enhancing the students' knowledge and fostering a deep appreciation for history.



Field trip to Regional Science centre

Grade-V students embarked on an educational adventure with a field trip to the Regional Science Center in Tirupati. Their primary objective was to delve into the fascinating components of the universe. During the visit, they enjoyed a captivating Tara Mandal show and explored intricate models of rockets, satellites, and prehistoric life forms. This enriching experience allowed them to expand their knowledge about the cosmos in an interactive and engaging manner.













SPECIAL ASSEMBLY

Chandrayan - III

Grade-5 Mavericks assembly presentation, students engaged in an insightful roleplay discussing Chandrayaan-III. Using models of Earth, Moon and Chandrayaan, they showcased how space exploration enables the validation of scientific theories formed on Earth. Their presentation highlighted the importance of pushing the boundaries of knowledge through space exploration, sparking curiosity and fostering scientific discovery.



Sri Krishnastami Celebrations

In celebration of Sri Krishnashtami, the IGNIS house at the secondary assembly orchestrated a mesmerizing roleplay. Students, dressed as iconic characters like Krishna, Radha, and Gopikas, graced the stage with elegance, infusing the entire assembly with festive fervor. Their enchanting dance performances and heartfelt speeches filled the audience with joy and left smiles on every face. The magical Krishna Day they created in the school assembly was a true testament to their talent and dedication.







International Literacy Day

Primary Ventus house celebrated International Literacy Day with an assembly presentation, combining speeches, dances, charts, and books. Their performance aimed to raise awareness about the vital significance of education, showcasing the power of knowledge and learning through creative expression.



HINDI DIWAS

In the special assembly presentation, the celebration of Hindi Diwas by our Edify students was a remarkable showcase of talent and culture. The Kindergarten students delighted the audience with self-introductions, Hindi songs, and number recitations. Meanwhile, our primary and secondary students took on anchoring duties, delivered speeches, sang Hindi songs, showcased dances, and recited Hindi poems.

The highlight of the assembly was an impressive skit based on the Mahabharata. To acknowledge their efforts and performances, certificates were distributed to the students. This assembly served as a powerful platform to enlighten everyone about the greatness of the Hindi language and its enduring importance in our cultural fabric.













IM BASED ASSEMBLY



Significance of Decimals - Grade - V Stalwarts



Solar System - Grade - V Pioneers



Importance of BODMAS-Grade V Titans



Seven Elements of Art - Grade - III Mavericks



Direct and Reported Speech - Grade-V Achievers



Properties of Multiplication- Grade -III Titans



Art forms of South India - Grade - III Pioneers



Famous art forms of India - Grade -III Achievers



2D and 3D shapes - Grade-II Pioneers



Measuring of Capacities - Grade-II Titans



Indian families from the Past to the Present- Grade-I Achievers



Types of currencies - Grade-II Achievers

EXPERIENTIAL LEARNING

STEM ACTIVITY

'Experiment is the sole judge of the validity of any idea' – Richard P. Feynman

Students' grades VI, VII and VIII had magnificently ample fourth STEM challenges. Participating in making STEM projects develop student's creativity skills, problem solving skills and innovative thinking.

The following were the STEM Challenge - 4

Grade VI – Thermometer – shows the expansion of liquid during heating

Grade VII - Solar Water Heater - that can heat the water

Grade VIII - Submarine - That can float and sink in water

















GROUP ACTIVITY

" Alone we can do so little, together we can do so much". Featuring Chhota Bheem

Grade-IV students participated in an engaging group activity centered around an English episode featuring Chhota Bheem, aiming to inspire bravery and courage among them. Through this fun and educational exercise, students learned valuable life lessons while fostering their language skills in an exciting and relatable context.







Components of Universe

In an engaging group activity, Grade-V students embarked on an exploration of the components of the universe. Armed with A4 sheets, sketches, scissors, and pencil kits, they delved into the cosmic mysteries. Through creative sketches and collaborative discussions, they discovered that before the birth of the universe, the concepts of time, space, and matter were nonexistent. This hands-on exercise not only fostered teamwork but also ignited a curiosity for the vast cosmos that surrounds us, sparking a lifelong interest in astronomy and the wonders of the universe.







Cultural Food Day

Grade-II students celebrated a Cultural Food Day with a heartwarming potluck activity. Enthusiastically, they contributed traditional dishes, embracing the motto "sharing is caring." This engaging experience taught them valuable lessons in unity and harmony. Through this delightful initiative, these young learners not only celebrated diversity but also nurtured the spirit of togetherness, highlighting the significance of sharing in fostering a harmonious community.







LEADERSHIP PROGRAMME FOR GRADE- X STUDENTS

"Leadership is the capacity to translate a vision into reality". - Warren Bennis

Grade-X students embarked on an immersive Yercaud trip, dedicated to honing leadership and teamwork. Organized into four teams, they engaged in diverse activities fostering cooperation. En route, they relished a hearty breakfast. The winding journey, marked by 20 hairpin bends, offered a glimpse into the forthcoming adventure, and they marveled at a bird's-eye view of Salem city as they approached Yercaud's hills. In bright sunshine, they reached the camp at 3:45 pm, diving into a hot lunch. Early finishers assisted, followed by campus guidelines and orientation. Tent assignments thrilled them, and an acclimatization hike emphasized leadership and mountain etiquette. The second day featured various activities, including zip-lining, trekking, rope courses, and rock climbing, enhancing teamwork, coordination, and planning. After lunch, the groups continued exploring and challenging themselves. As evening fell, they savored a BBQ and campfire, concluding with a satisfying dinner. On the third day, despite morning fog, they packed before breakfast, and due to time constraints, a Jummaring session was skipped. Post breakfast, all groups joined the Cross Over game, further strengthening their leadership and decision-making skills.





BOARDERS

'Newspapers cannot be defined by the second word- PAPER. They've got to be defined by the first word – NEWS.' – Arthur Sulzberger Jr.

On Sunday, residential students participated in newspaper activity. This activity shows how students analyse the newspaper and enhance their creativity, decision problem solving skills and critical thinking. Students were given five different themes.

- 1. Identify different news in newspapers
- 2. Preparing a mind map from a given newspaper
- 3. Identifying Good news and Bad news
- 4. Identifying the problem and coming up with possible solutions
- 5. Preparing Magazine for three consecutive days













Sri Krishnastami Celebrations

"A man is made by his beliefs. As he believes, so he becomes." - Lord Krishna

Residential Edifiers celebrated Sri Krishna Janmashtami on 07/9/23 inside the campus. The celebrations were a treat for eyes as children participated in worshipping the Lord Krishna, singing 'keertans' and seeking blessings. Students prepared panchamrutham and offered it to Lord Krishna.

A special guest talk was delivered by Mr. Bhanu Prakash from ISKCON, Tirupati, spoke about the personal development taken from Bhagavad Gita and information about lord Krishna and his teachings which were taught to us.













Ganesh Chaturthi Celebrations

Devotion is the tool to dissolve yourself into nothingness and become the very hand of the divine' - Sadhguru

Residential students had devoted themselves to Lord Ganesh on Ganesh Chaturthi with pooja. Students showed their interest in making ganesh idols to celebrate eco-ganesha.













Media Club Activity

'The Media had a key role to play in ending corruption' - Kiran Bedi

On Sunday, residential students were involved in role plays as a part of the Media Club. Different role plays were given to the students to enhance their interview skills, news reporting skills, questioning, decision making skills and problem solving skills. Students' participation was highly appreciable and they understood how the media works, the role of news reporter, camera operator and news reader.













WORD TO THE PARENT

Dear Parent,

Greetings!

We are excited to present our September month e- newsletter. September month is full of activities, competitions, Festivals& Camps.

Now in October month Examinations followed by Dusshera break child will spend few days with you this is the right time to make your child a confident child to succeed in life. I am here with presenting few possible challenges children are facing and what you should do as a parent to overcome these challenges by your ward.

Challenges:

- 1. The Stress to Pass 2. Slipping Self-confidence due to Comparison 3. Homesickness
- 4. The Urge to Indulge in Harmful Activities 5. Making New Friends 6. Failing to Keep up with Learning Sessions 7. Sticking to a Schedule

What You Can (and Should) Do as a Parent

- * Talk to Your Kid about Their Fears: Encourage your kid to speak up about the things that terrify them. Do not take their fears lightly as they are real for them.
- * Create a Positive Ambiance at Home: Children's confidence develops in an environment where parents are caring and loving and caring.

 The positive and supportive ways you and your kid communicate with each other helps form healthy relationships driven by respect and trust.
- * Ensure Your Kid Prioritizes Study at Home:
 A common problem for most children is a lack of structure in their post-school timetable. So, instruct your kid to first, finish their homework instead of pushing it back to the end of the day or next day. Help them in prioritizing the works.
- * Help Your Kid in their Studies: When you organize your kid's study hours to help them improve their grades, they will chive their goals Try being present while your kid is studying.
- * Work with the School: Blaming the school or your kid's teacher will not do any good. Instead, work with school management and teachers as much as possible. Make them an ally rather than an adversary.
- * Ending Thoughts: Schools are the starting point of your kid's academic life. As they grow, they could come across more complicated situations. Often, your first response would be to fight the school management. If your little tot is in trouble at the school, do not make enemies with the school staff. Work with them to ensure your kid has all the academic and creative outlets they need.

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Monthly e-news letter

September

2023





"Where faith meets festivity."

"Celebrate life, dance with Krishna."



The colour that sparks joy and optimism.

CELEBRATIONS

Sri Krishna Janmasthami

Our Kindergarten students celebrated Janmashtami with great enthusiasm. They transformed into adorable little Krishnas, Radhas, and Gopikas, adding charm to the festivities. The young ones engaged in lively dancing, sweet singing, and recitations of poems and shlokas. The event commenced under the gracious presence of Academic Dean Ms. Jahnavi, filling the air with joy and laughter as children bonded over their unique attire choices, creating cherished memories with their friends.



Ganesh Chaturthi

Ganesh Chaturthi celebrations at Edify School were a vibrant and joyous affair, particularly highlighted by the spirited participation of our kindergarten students. Dressed as Lord Shiva, Goddess Parvathi, Lord Ganesha, and Lord Subramanya Swamy, they added an enchanting touch to the festivities. With great devotion, these young ones recited shlokas and narrated the divine story of Lord Ganesha.













Yellow Colour Day

The Yellow Colour Day celebrations at Edify School were a vibrant affair, with kindergarten students donning cheerful yellow attire. The little ones showcased their creativity with various activities: IK-3 created a "Feeling Tree" adorned with diverse emojis, while IK-2 engaged in delightful paper crafting, making honeybees and sunflowers. Additionally, they explored finger painting by crafting adorable giraffes using colorful charts. These activities not only encouraged artistic expression but also fostered a love for colors and creativity among the young learners.



















GUEST LECTURES

Developing Social relationships - Ms. Shiva Sree

Kindergarten students engaged in an interactive session with a special educator, focusing on developing social relationships and enhancing communication skills. This invaluable experience aimed to foster inclusivity and support their overall growth, promoting understanding and empathy among the young learners.







ASSEMBLY PRESENTATIONS

World Rivers Day

In a heart warming World Rivers Day assembly, kindergarten students brought awareness through a delightful roleplay. A child dressed as River Ganga Matha symbolized the importance of rivers, sharing, "Rivers give us water to drink, fish to eat, and help our plants grow. Let's keep them clean and healthy!"







Formers Week

Kindergarten students held a special assembly for Farmers Week. Dressed as farmers, they learned about their vital role. The teacher explained their importance, and children paid tribute to farmers. They used placards, grass, and farming tools to give a presentation, honoring the significance of Farmers Week.







IM based Assembly presentations

Presentation on This/That, These/Those

In the kindergarten assembly, a presentation on "This/That, These/Those" was conducted using a chart and various objects like books, flowers, bottles, and pens. This engaging activity aimed to enhance the children's vocabulary skills as they learned to differentiate between "this," "that," "these," and "those."







Presentation on Expressions and Feelings

The IK-III Titans captivated the assembly with a presentation on expressions and feelings. Through engaging speeches and illustrative flashcards, they conveyed the important message that everyone experiences emotions, helping children develop an understanding of the diverse range of feelings that exist within us all.







Group Activity

Clay Modeling and Colouring

Kindergarten students eagerly embraced the art of clay modeling and coloring as part of Ganesh Chaturthi festivities, offering a fresh avenue for artistic exploration. Through these creative endeavors, they not only honed their skills but also imbibed the essence of eco-friendly celebrations. Crafting clay Ganeshas fostered an understanding of the festival's significance, emphasizing the importance of celebrating joyfully while respecting our environment. These young learners discovered a new way to express themselves while promoting eco-consciousness during the festive season.













Kindergarten students engaged in a Floral Rangoli activity, adorning rangoli designs with vibrant flower petals. Using various flowers, they enhanced their fine motor skills while creating beautiful and colorful patterns, fostering creativity and dexterity.













Competition of the month

English Rhymes Recitation

The English Rhymes Recitation Competition among kindergarten students was a resounding success. The young learners displayed remarkable enthusiasm and creativity, actively engaging the audience with their recitations. What made the event truly exceptional was their use of props, which added a delightful visual dimension to their performances. It was evident that the competition had captured the hearts of all, making it the standout event of the month and highlighting the budding talent within the kindergarten class.













Field Trip

Kindergarten students embarked on an exciting field trip during Farmer's Week, where they explored agricultural fields and witnessed the various tasks performed by farmers. They actively participated by sowing seeds, gaining valuable insights into farming practices. The trip not only connected them with nature but also deepened their understanding of the essential activities involved in farming. It was an educational and enjoyable experience that left a lasting impression on the young minds.



WORD TO THE PARENTS

Build Your Child's Social Skills from Home

What Are Social Skills?

Social skills are learned abilities for interacting appropriately in different social situations. These include things like making friends, resolving interpersonal conflicts, communication, and regulating feelings and behaviour.

Around the kindergarten age, social skills become the building blocks for what kids rely on to help them navigate the world around them. Few activities/games are suggested that you can do with your child during Dusshera vacation to enhance your child Social skills.

* Perspective-Taking:

This is an easy activity all about identifying the feelings and thoughts of others and you can do it when you are watching TV or a movie with your child "It's important to let your child practice identifying the thoughts and feelings of others.

* Character Play:

Get out a bunch of character toys, like Peppa Pig or Barbie dolls, and have them pretend to talk to each other. Maybe you have a toy kitchen and your

characters can pretend to bake a cake and have a pretend birthday party together.

Use language like, "what do you say to a friend when it's their birthday?"

Then listen to your child's answer and respond, "That's right, we say, happy birthday!

* Scavenger Hunts:

Scavenger hunts can
be done virtually with your child and their
friend at their home or just with your child
at home. Instead of telling your child to find
items that are scattered throughout your
house, come up with a riddle that your
child has to solve with their friend.
An example riddle might be,
"I come in different shapes and sizes, can
be found in the kitchen or the bathroom,
and can be adjusted to be hot or cold,

* Read The Colour Monster:

what am I?" (Answer is a sink!)

In The Colour Monster, feelings are discussed as colours and each colour gets a jar where it's kept so the monster can feel more at ease with all his mixed emotions. When you get to the page of the colours organized in jars, try discussing each colour (yellow is happiness, blue is sadness, green is calm, for example) and saying what has made you feel "yellow" that day and then what made you feel "blue" that day. This will not only make it easier for your child to discuss their feelings but it can show your child that it's okay to recognize and feel many different emotions in one day—and that adults have the same range of emotions, too. (If your child was having a particularly rough day, this is usually a good time to take The Colour Monster out at bedtime.)

* Problem-Solving With Props:

This one may take some planning. Gather up props like: Paper clips, Plastic cups, Cotton balls, Tape, Popsicle sticks, Sticky notes, Paper straws You can substitute for anything you don't have or things you do have around the house. Then direct your child to solve problems with the items they have in front of them. Some problem solving prompts can be: devise a slide for mini figures, create a jump ramp for cars, and build the highest tower you can see. Where their imagination takes them! (Try this on a virtual playdate and see what your child and their buddy come up with on their own.)



* Telling Short Stories:

The skills practiced with this activity include listening, following directions, patience, taking turns, ignoring distractions, cooperating and showing empathy. First, create a stack of flashcards with story topics you'd like to discuss with your child.

Few topics for your reference: Favourite summer memory, Favourite holiday, The best birthday party idea, A dream you once had Next pick a card, set a timer (two to five minutes) and ask them to tell story After your child tells their story, show you were listening by summarizing what they said and ask for clarifications to help them stay on track with their topic.

* Show and Tell:

This as an opportunity for your children to take turns showing off and talking about special items or people in their home that they would otherwise not be able to bring to school or on a playdate.

Examples of unique home show and tells may include:

- Furniture items ("this is my new bed" or "this is my pillow tent")
- Precious family photos ("this is a picture from my first birthday" or "this
 is a photo of my great grandfather that I was named after")
- Family members ("my show and tell today is my baby sister who is only 3 months old" or "today my show and tell is my older brother who is home from college").